



BOSTON BREASTFEEDING SUPPORT GROUPS

Monday	Tuesday	Wednesday	Wednesday	Thursday	Friday
<p>Mattapan Family and Community Engagement* Mattapan Public Library 1350 Blue Hill Avenue 10:30-12:30 <i>(Haitian Creole available)</i> 617-414-3730</p>	<p>Vietnamese Mothers' Group DotHouse Health, 1353 Dorchester Ave 10:00-11:00 <i>(Vietnamese)</i> 617-825-0805</p>	<p>Southern Jamaica Plain Health Center Baby Café* The Health Promotion Ctr. 640 Centre St, Jamaica Plain 9:30-11:30 <i>(Spanish available)</i> 617-582-0187</p>	<p>Codman Square Health Center Baby Café* 637 Washington St, Dorchester Pediatric Group Rm, 2nd Floor 2:00-4:00 <i>(Haitian Creole available)</i> 617-414-4370</p>	<p>Family Nurturing Center* 200 Bowdoin St, Dorchester 10:30-12:30 617-414-3730</p>	<p>South End Community Health Center Baby Café 1601 Washington St Glass Top Conference Rm, 2nd Floor 10:00-12:00 <i>(Spanish available)</i> 617-425-2090</p>
<p>BMC Baby Café* 850 Harrison Ave Yawkey 5 OB GYN, Centering Pregnancy Room 12:30-2:30 617-414-3730</p>	<p>Women-Centered Healing Community* 260 Washington St, Dorchester 11:00-1:00pm <i>(Haitian Creole available)</i> 617-414-3730</p>	<p>BMC Childbirth Education (W/F) Yawkey 5, 850 Harrison Ave OB/GYN Department Wed: 1:00-3:00; Fri: 9:30-12:00 Fri: 2:00-4:00 <i>(Spanish)</i> <i>Free classes on birth, breastfeeding, and new motherhood.</i> 617-414-3875</p>	<p>Beth Israel Deaconess Medical Center* 330 Brookline Ave Feldberg 6 Solarium 12:00-1:30, <i>Come before 1pm</i> 617-667-2229</p>	<p>Tufts Medical Center Baby Café* Tufts Mother Infant Unit, North 3 800 Washington St 11:00 to 12:00 617-636-2229</p>	<p>Boston Children's Museum 308 Congress St 3rd Floor Pop-Up Play Space 10:00-12:00 <i>Museum entrance fee required, \$2 with EBT/WIC card!</i> 617-414-3730</p>
<p>Boston NAPS – South Boston <i>Meets bi-weekly</i> 2:00-3:00 @ 387 W. Broadway 857-496-0078</p>	<p>Upham's Corner Health Center 415 Columbia Rd 5:30-7:30pm <i>1st and 3rd Tuesdays</i> <i>(Interpretation available)</i> 617-414-3730</p>			<p>St. Elizabeth's Medical Center 11 Nevins St, Brighton St. Margaret Center 5th Fl, Conference Room 2:00-3:30 617-562-5371</p>	<p>Mattapan Family and Community Engagement* Mattapan Library 1350 Blue Hill Avenue 10:30 – 12:30 <i>(Haitian Creole available)</i> 671-414-3730</p>
<p>Codman Square Health Center Baby Café* 637 Washington St, Dorchester Pediatric Group Rm, 2nd Floor 5:00-6:30 <i>(Haitian Creole available)</i> 617-414-4370</p>				 <p>All groups are free and open to the public! <i>*Groups are staffed by International <u>Board Certified</u> Lactation Counselor</i></p>	

GREATER BOSTON BREASTFEEDING SUPPORT GROUPS

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Everett Baby Café * Elliot Family Resource Center 548 Broadway, Everett 10:00-12:00 <i>(Portuguese, French-Creole available)</i> 781-913-8382</p>	<p>Cambridge Health Alliance (T/W*/Th) 8 Camelia Ave, Cambridge 10:00-12:00 617-665-1164 <i>*Wed is "New Moms" Group</i></p>	<p>Worcester Baby Café* (W/F) Zoom Meeting ID: 995 9032 7366 10:00-12:00; 508-860-7780</p>	<p>Brockton Hospital* 680 Centre St, Brockton Maternal Newborn Pavilion 1:00-2:00 <i>(Translators available)</i> 508-941-7353</p>	<p>Lynn Baby Café * 20 Central Ave, Lynn MA 01901, 2nd Floor WIC Office 10:30-12:00 Emily Turner-Russo, LDN, IBLC <i>(Translators available)</i> 781-599-7290 etrusso@lchcnet.org</p>
<p>MGH Revere Healthcare MILC 300 Ocean Ave, Revere Rodger Sweet Conference Rm Mon: 10:00-11:30 <i>(Spanish available)</i> 781-485-6040</p>	<p>Lowell General Hospital* 295 Varnum Ave, Lowell Hanchett Auditorium 10:00-12:00 <i>(Translators available)</i> 978-788-7224</p>	<p>Melrose-Wakefield Baby Café* The Church of the Nazarene 2 Short St, Melrose 5:30-7:30 781-979-6455 <i>Parking available nearby</i></p>	<p>Winchester Hospital* 1st Floor Conference Room 200 Unicorn Park, Woburn 2:00-3:30 781-756-4788</p>	<p>Newton-Wellesley Hospital* (T/Th) Ambulatory Care Center 159 Wells Ave, Newton 2:00-3:00 617-243-6314</p>
<p>South Shore Hospital (M/W/F)* 55 Fogg Rd, South Weymouth OB Classrooms A&B (2nd floor) 1:00-2:00 781-624-8602</p>	<p>Newton-Wellesley Hospital* (T/Th) Ambulatory Care Center 159 Wells Ave, Newton 2:00-3:00 617-243-6314</p>	<p>Stork Ready – North Reading* 217 Main St, North Reading 10:00-11:00am 978-500-5081</p>		<p>Worcester Baby Café* (W/F) Zoom Meeting ID: 995 9032 7366 10:00-12:00 508-860-7780</p>
	<p>The Malden Baby Café* 239 Commercial St, Malden 5:00-7:00 781-338-7577</p>		<p>Scan the QR code or visit bit.ly/BosBFCo for updates!</p> 	<p>Follow us on Twitter: @bosbreastfeed Contact for changes: BostonBreastfeeding@bmc.org</p>