



## BOSTON BREASTFEEDING SUPPORT GROUPS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Mattapan Family and Community Engagement*</b> Mattapan Public Library 1350 Blue Hill Avenue 10:30-12:30 <i>(Haitian Creole available)</i> 617-414-3730</p>	<p><b>Vietnamese Mothers' Group</b> DotHouse Health, 1353 Dorchester Ave 10:00-11:00 <i>(Vietnamese)</i> 617-825-0805</p>	<p><b>Southern Jamaica Plain Health Center Baby Café*</b> The Health Promotion Ctr. 640 Centre St, Jamaica Plain 9:30-11:30 <i>(Spanish available)</i> 617-582-0187</p>	<p><b>Family Nurturing Center*</b> 200 Bowdoin St, Dorchester 10:30-12:30 617-414-3730</p>	<p><b>South End Community Health Center Baby Café</b> 1601 Washington St Glass Top Conference Rm, 2<sup>nd</sup> Floor 10:00-12:00 <i>(Spanish available)</i> 617-425-2090</p>	<p><b>East Boston Neighborhood Health Center</b> 120 Liverpool St <i>Spanish/English &amp; Arabic/English groups available</i>  617-568-6412 <i>Once a month, call to check schedule one month ahead</i></p>
<p><b>BMC Baby Café*</b> 850 Harrison Ave Yawkey 5 OB GYN, Centering Pregnancy Room 12:30-2:30 617-414-3730</p>	<p><b>Women-Centered Healing Community*</b> 260 Washington St, Dorchester 11:00-1:00pm <i>(Haitian Creole available)</i> 617-414-3730</p>	<p><b>BMC Childbirth Education (W/F)</b> Yawkey 5, 850 Harrison Ave OB/GYN Department Wed: 1:00-3:00; Fri: 9:30-12:00 Fri: 2:00-4:00 <i>(Spanish)</i> <i>Free classes on birth, breastfeeding, and new motherhood.</i> 617-414-3875</p>	<p><b>Tufts Medical Center Baby Café*</b> Tufts Mother Infant Unit, North 3 800 Washington St 11:00 to 12:00 617-636-2229</p>	<p><b>Boston Children's Museum</b> 308 Congress St 3<sup>rd</sup> Floor Pop-Up Play Space 10:00-12:00 <i>Museum entrance fee required, \$2 with EBT/WIC card!</i> 617-414-3730</p>	
<p><b>Boston NAPS – South Boston</b> <i>Meets bi-weekly</i> 2:00-3:00 @ 387 W. Broadway 857-496-0078</p>	<p><b>Upham's Corner Health Center</b> 415 Columbia Rd 5:30-7:30pm <i>1st and 3rd Tuesdays</i> <i>(Interpretation available)</i> 617-414-3730</p>	<p><b>Codman Square Health Center Baby Café*</b> 637 Washington St, Dorchester Pediatric Group Rm, 2<sup>nd</sup> Floor 2:00-4:00 <i>(Haitian Creole available)</i> 617-414-4370</p>	<p><b>St. Elizabeth's Medical Center</b> 11 Nevins St, Brighton St. Margaret Center 5<sup>th</sup> Fl, Conference Room 2:00-3:30 617-562-5371</p>	<p><b>Mattapan Family and Community Engagement*</b> Mattapan Library 1350 Blue Hill Avenue 10:30 – 12:30 <i>(Haitian Creole available)</i> 671-414-3730</p>	
<p><b>Codman Square Health Center Baby Café*</b> 637 Washington St, Dorchester Pediatric Group Rm, 2<sup>nd</sup> Floor 5:00-6:30 <i>(Haitian Creole available)</i> 617-414-4370</p>		<p><b>Beth Israel Deaconess Medical Center*</b> 330 Brookline Ave Feldberg 6 Solarium 12:00-1:30, <i>Come before 1pm</i> 617-667-2229</p>			<p><b>All groups are free and open to the public!</b> <i>*Groups are staffed by International Board Certified Lactation Counselor</i></p>

## GREATER BOSTON BREASTFEEDING SUPPORT GROUPS

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Everett Baby Café *</b> Elliot Family Resource Center 548 Broadway, Everett 10:00-12:00 <i>(Portuguese, French-Creole available)</i> 781-913-8382</p>	<p><b>Cambridge Health Alliance (T/W*/Th)</b> 8 Camelia Ave, Cambridge 10:00-12:00 617-665-1164 <i>*Wed is "New Moms" Group</i></p>	<p><b>Worcester Baby Café* (W/F)</b> Zoom Meeting ID: 995 9032 7366 10:00-12:00; 508-860-7780</p>	<p><b>Brockton Hospital*</b> 680 Centre St, Brockton Maternal Newborn Pavilion 1:00-2:00 <i>(Translators available)</i> 508-941-7353</p>	<p><b>Lynn Baby Café *</b> 20 Central Ave, Lynn MA 01901, 2<sup>nd</sup> Floor WIC Office 10:30-12:00 Emily Turner-Russo, LDN, IBLC <i>(Translators available)</i> 781-599-7290   <a href="mailto:etrusso@lchcnet.org">etrusso@lchcnet.org</a></p>
<p><b>MGH Revere Healthcare MILC</b> 300 Ocean Ave, Revere Rodger Sweet Conference Rm Mon: 10:00-11:30 <i>(Spanish available)</i> 781-485-6040</p>	<p><b>Lowell General Hospital*</b> 295 Varnum Ave, Lowell Hanchett Auditorium 10:00-12:00 <i>(Translators available)</i> 978-788-7224</p>	<p><b>Melrose-Wakefield Baby Café*</b> The Church of the Nazarene 2 Short St, Melrose 5:30-7:30 781-979-6455 <i>Parking available nearby</i></p>	<p><b>Winchester Hospital*</b> 1<sup>st</sup> Floor Conference Room 200 Unicorn Park, Woburn 2:00-3:30 781-756-4788</p>	<p><b>Newton-Wellesley Hospital* (T/Th)</b> Ambulatory Care Center 159 Wells Ave, Newton 2:00-3:00 617-243-6314</p>
<p><b>South Shore Hospital (M/W/F)*</b> 55 Fogg Rd, South Weymouth OB Classrooms A&amp;B (2nd floor) 1:00-2:00 781-624-8602</p>	<p><b>Newton-Wellesley Hospital* (T/Th)</b> Ambulatory Care Center 159 Wells Ave, Newton 2:00-3:00 617-243-6314</p>	<p><b>Stork Ready – North Reading*</b> 217 Main St, North Reading 10:00-11:00am 978-500-5081</p>	<p><b>Scan the QR code or visit <a href="http://bit.ly/BosBFCo">bit.ly/BosBFCo</a> for updates!</b></p> 	<p><b>Follow us on Twitter: @bosbreastfeed</b> Contact for changes: <a href="mailto:BostonBreastfeeding@bmc.org">BostonBreastfeeding@bmc.org</a></p>
<p><b>The Malden Baby Café*</b> 239 Commercial St, Malden 5:00-7:00 781-338-7577</p>				<p><b>North Shore Medical Center*</b> Mass General for Children 57 Highland Ave, Salem 4<sup>th</sup> Floor 10:00-11:00 888-217-6455</p>
				<p><b>Melrose-Wakefield Baby Café*</b> The Church of the Nazarene 2 Short St, Melrose 10:00-12:00 781-979-6455 <i>Parking available nearby</i></p>
				<p><b>Worcester Baby Café* (W/F)</b> Zoom Meeting ID: 995 9032 7366 10:00-12:00 508-860-7780</p>